

ACKERMAN GYM USE SCHEDULE

MONDAY:

TUESDAY:

2:00-4:00PM track & field high jump practice

Track & field shot put practice

4:30-6:30PM track & field pole vault practice

Track & field throws practice

WEDNESDAY:

THURSDAY:

4:30-6:30PM track & field pole vault practice

Track & field throws practice

7:00PM-9PM Indoor Soccer

FRIDAY:

SATURDAY:

SUNDAY:

FITNESS CENTER USE SCHEDULE

Monday - Thursday: 5:00 am – 10:00 pm

Friday: 5:00 am – 6:00 pm

Saturday & Sunday: noon- 5:00pm

MONDAY:

6:30AM-8:00AM Track & Field weights

2:00PM-4:00PM Track & Field

3:00PM-5:00PM Track & Field distance

TUESDAY:

2:00PM-4:00 PM Track & Field

3:00PM-5:00PM Track & field distance

WEDNESDAY:

6:30AM-8:00AM Track & Field weights

2:00PM-4:00PM Track & Field

3:00PM-5:00PM Track & Field distance

THURSDAY:

2:00PM-4:00PM Track & Field

3:00PM-5:00PM Track & Field distance

FRIDAY:

6:30AM-8:00AM Track & Field weights

2:00PM-4:00 PM Track & Field

3:00PM-5:00PM Track & Field distance

SATURDAY:

SUNDAY:

MAIN GYM USE SCHEDULE

MONDAY:

6:30AM-8:00AM

2:00PM-4:00PM

3:00PM-5:00PM

TUESDAY:

2:00PM-4:00 PM

3:00PM-5:00PM

WEDNESDAY:

6:30AM-8:00AM

2:00PM-4:00PM

3:00PM-5:00PM

THURSDAY:

2:00PM-4:00PM

3:00PM-5:00PM

FRIDAY:

6:30AM-8:00AM

2:00PM-4:00 PM

3:00PM-5:00PM

SATURDAY:

SUNDAY:

AUXILARY GYM USE SCHEDULE

MONDAY:

6:30AM-8:00AM

2:00PM-4:00PM

3:00PM-5:00PM

TUESDAY:

2:00PM-4:00 PM

3:00PM-5:00PM

WEDNESDAY:

6:30AM-8:00AM

2:00PM-4:00PM

3:00PM-5:00PM

THURSDAY:

2:00PM-4:00PM

3:00PM-5:00PM

FRIDAY:

6:30AM-8:00AM

2:00PM-4:00 PM

3:00PM-5:00PM

SATURDAY:

SUNDAY:

NOTES:

ACKERMAN GYM - Due to use by other sports and classes;

Pole vaulting mats and raised runway must be assembled and disassembled before and after each practice. This involves at least one hour total.

High jump mats and apron area must be assembled and disassembled before and after each practice. This involves at least one half hour total.