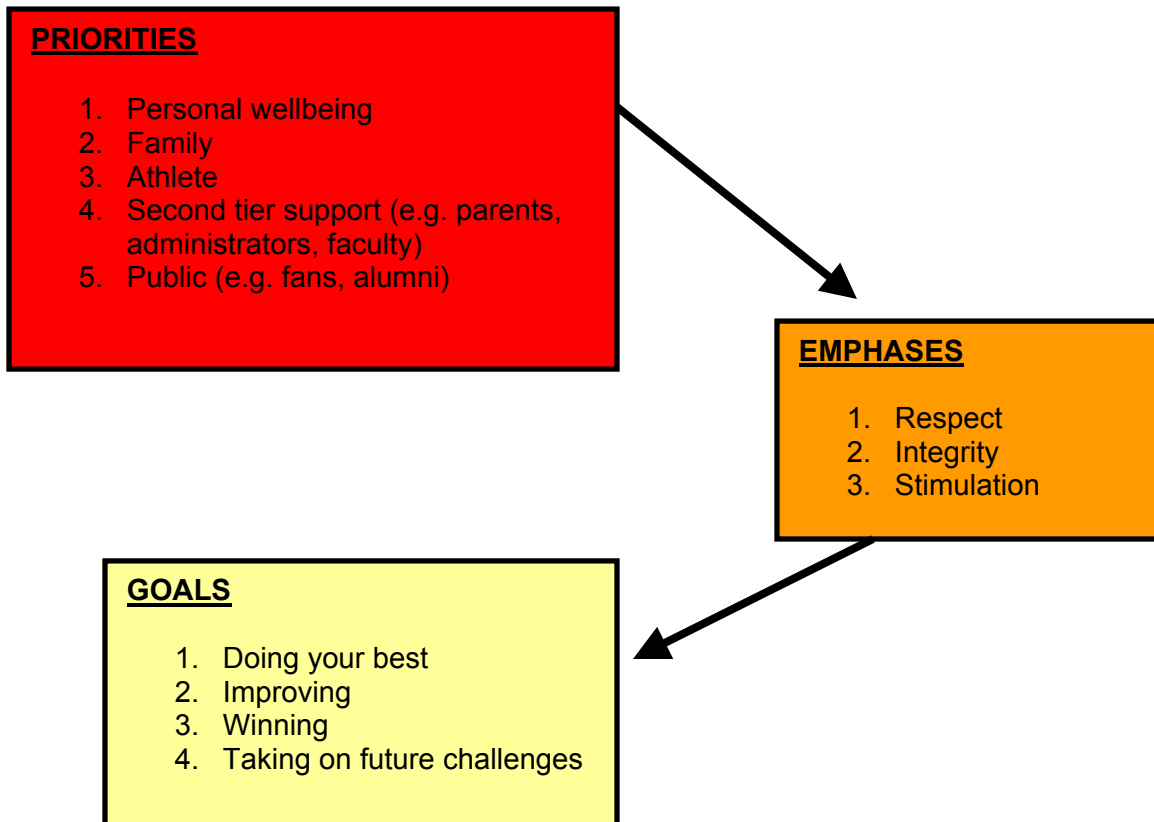


Model for My Coaching Philosophy by Brian Sather



Real reasons for participating in sport

- Memorable experiences
- Platform for development of self-discipline
- Opportunity for challenge
- Existential experience
- Excitement inherent when people convene for an event
- Gathering of and interaction between people with common interests

Irrational or unfounded reasons for scholastic sports

- Keeps kids off the streets
- Provides academic incentive
- Vehicle for upward mobility and making \$\$
- Improves physical fitness and wellness
- Provides positive social development
- Develops good self-esteem